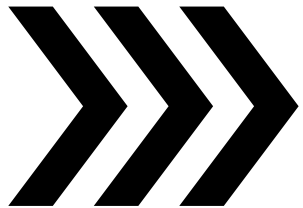




Intervention Programme: SEXUALITY4ALL.DER

CASO50+

Intervention Programme - Sexuality4All.der -



Adapt and implement an intervention programme for health and social professionals target at deconstruct negative images about older people (including LGBTI), especially regarding sexuality.

Sexuality4All.der framework

**Where did it
come from?**

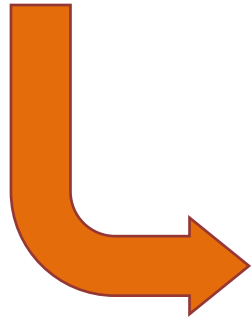
imAGES programme

Developed by Sibila Marques within the framework of the SforAGE

The imAGES programme was designed with the objective of **changing stereotypes and myths of young students regarding older people.**

Sexuality4All.der framework

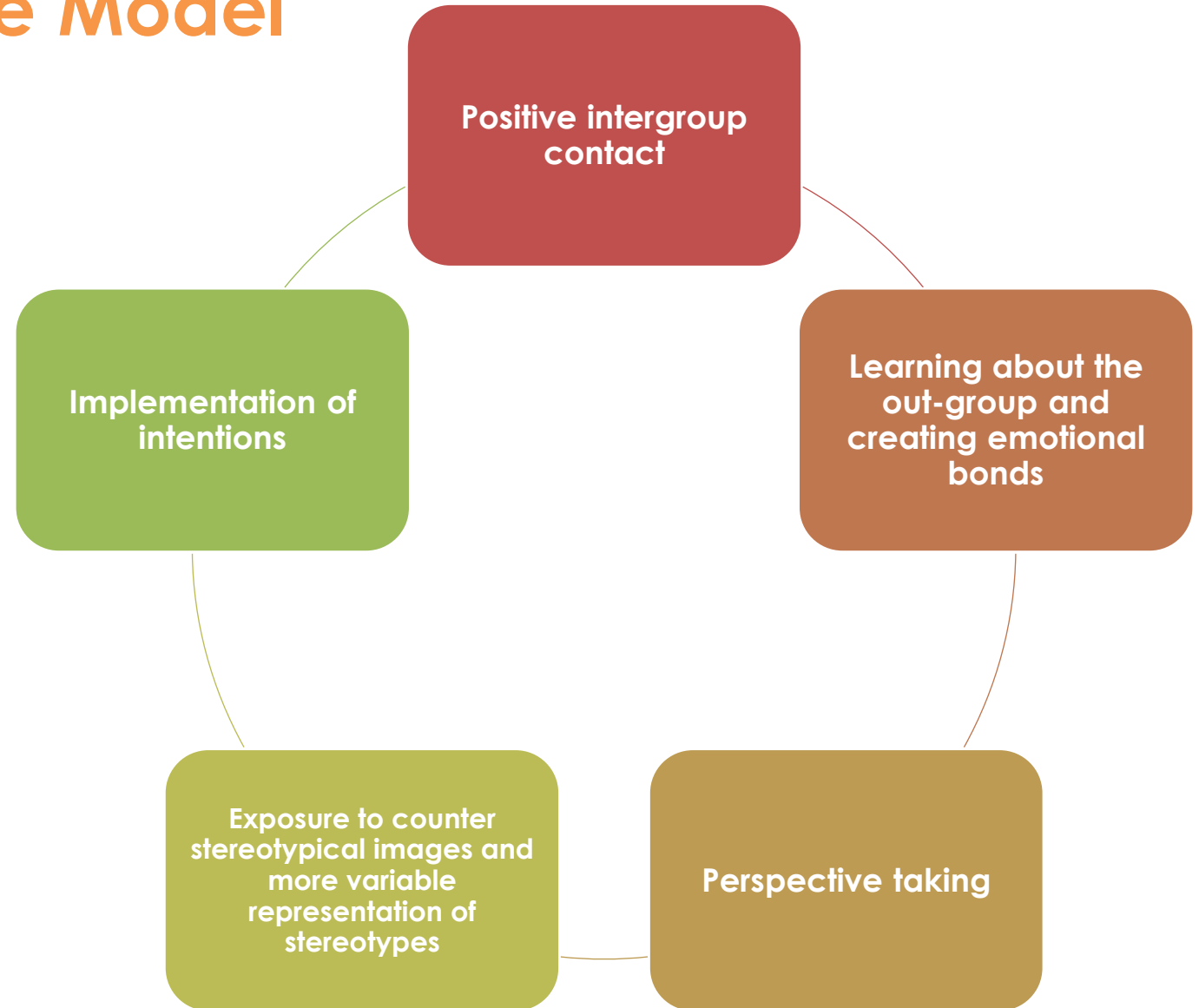
imAGES Evaluation



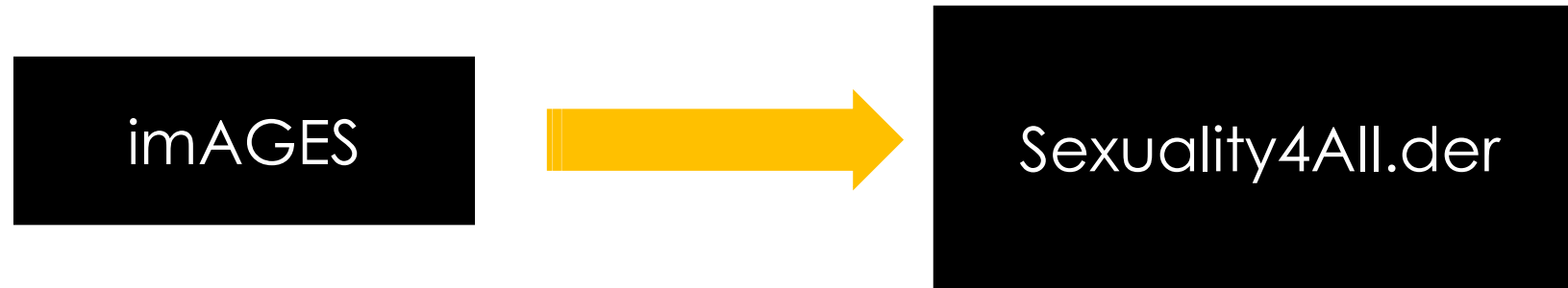
The evaluation of the impact of the programme showed that students involved had a **significant change** in the representation of ageing after the intervention, expressing a **more positive view of older people**.

Intervention Programme Model

- The original imAGES programme identified and was based on **five factors** referred in the literature as having a possible **influence in changing negative stereotypes** (Marques 2014).



Sexuality4All.der framework



By developing this programme, the project contributed to **mitigate stereotypes and negative attitudes** in health and social professionals, **regarding sexuality** in old age, in particular regarding LGBTI people.

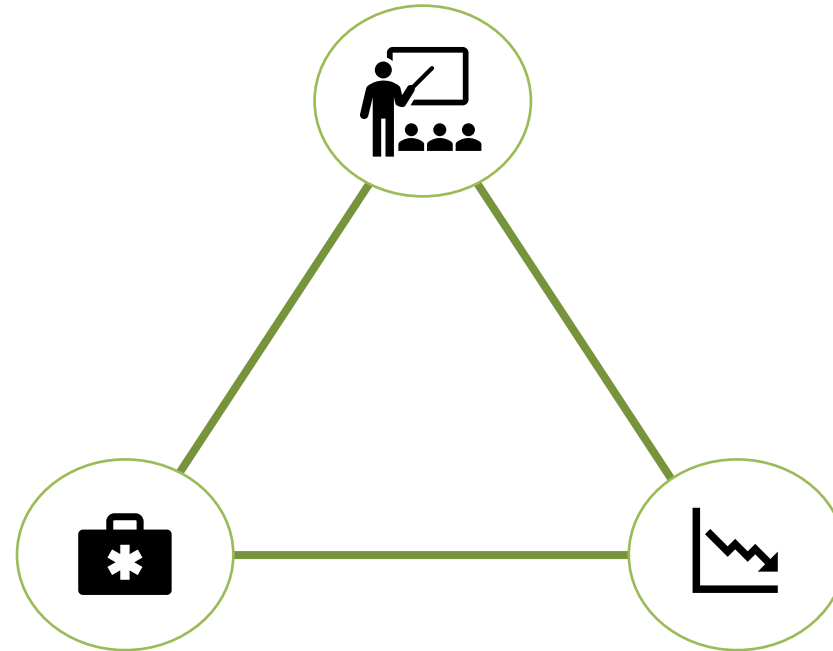
Sexuality4All.der Objectives

Mitigate Stereotypes

mitigate stereotypes and negative attitudes regarding sexuality in old age, especially LGBTI issues, in health and social professionals.

Promote inclusive care

contribute to more inclusive care to older people

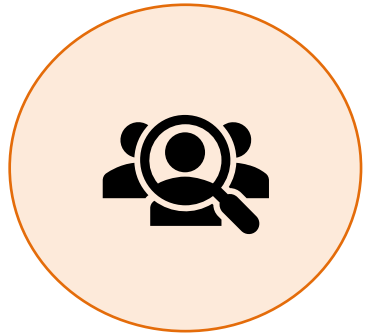


Reduce discrimination

reduce discriminant behaviour and promote pro-age behaviours

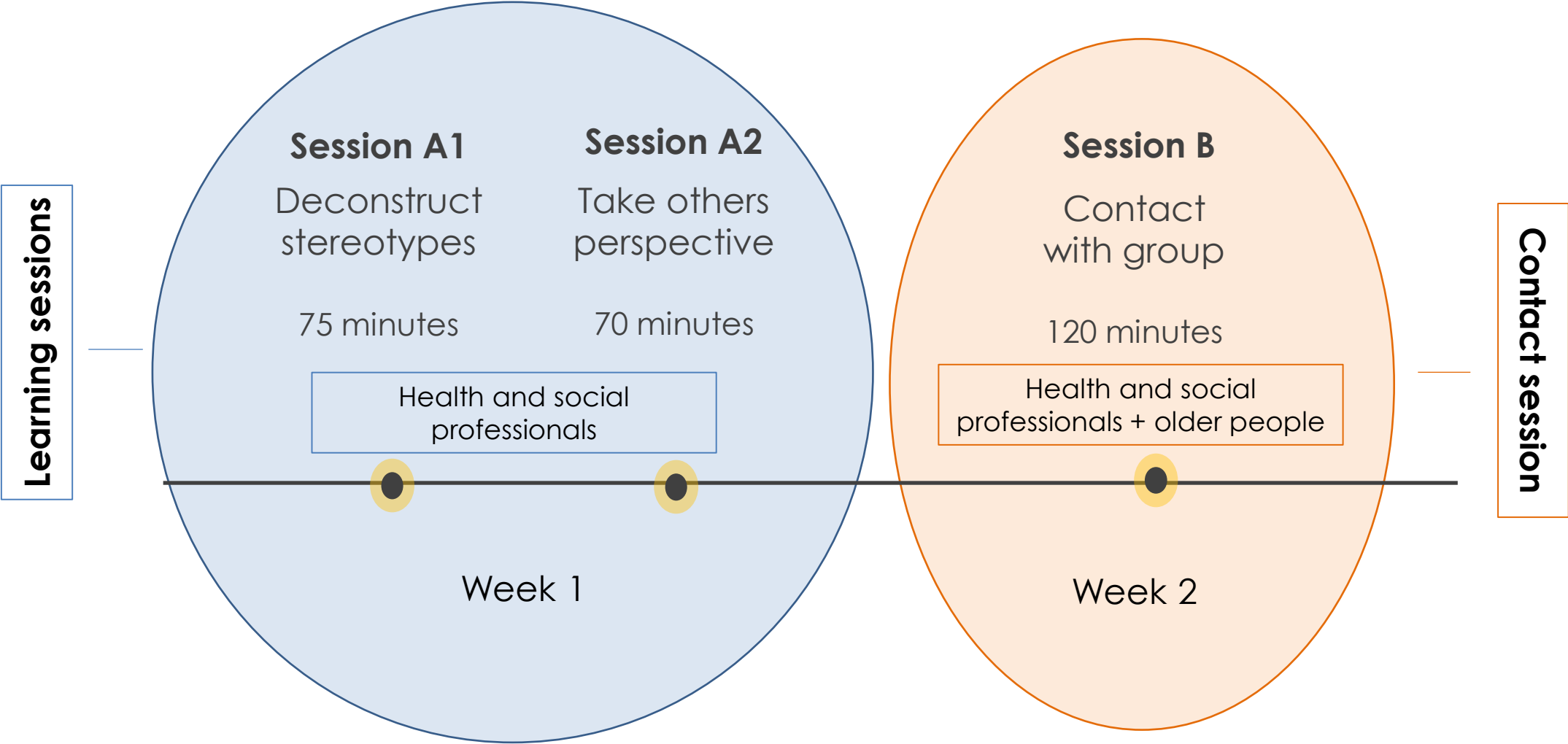
Overview of the Sexuality4All.der structure

Target Group



The target group of the Sexuality4All.der programme is **health and social professionals** potentially dealing with older people.

The structure



Participants

How many?



Facilitators – what they have to know?

- It is important for the facilitator to know and understand the programme and to be prepared. **In this sense every facilitator must:**

Have some knowledge about the Best4OlderLGBTI project;

Read carefully the Sexuality4All.der manual;

Get to know the LGBTI glossary;

Explore and study the material needed for each activity.

Sexuality4All.der Implementation



4 countries

(Ireland)

Italy

Greece

Portugal

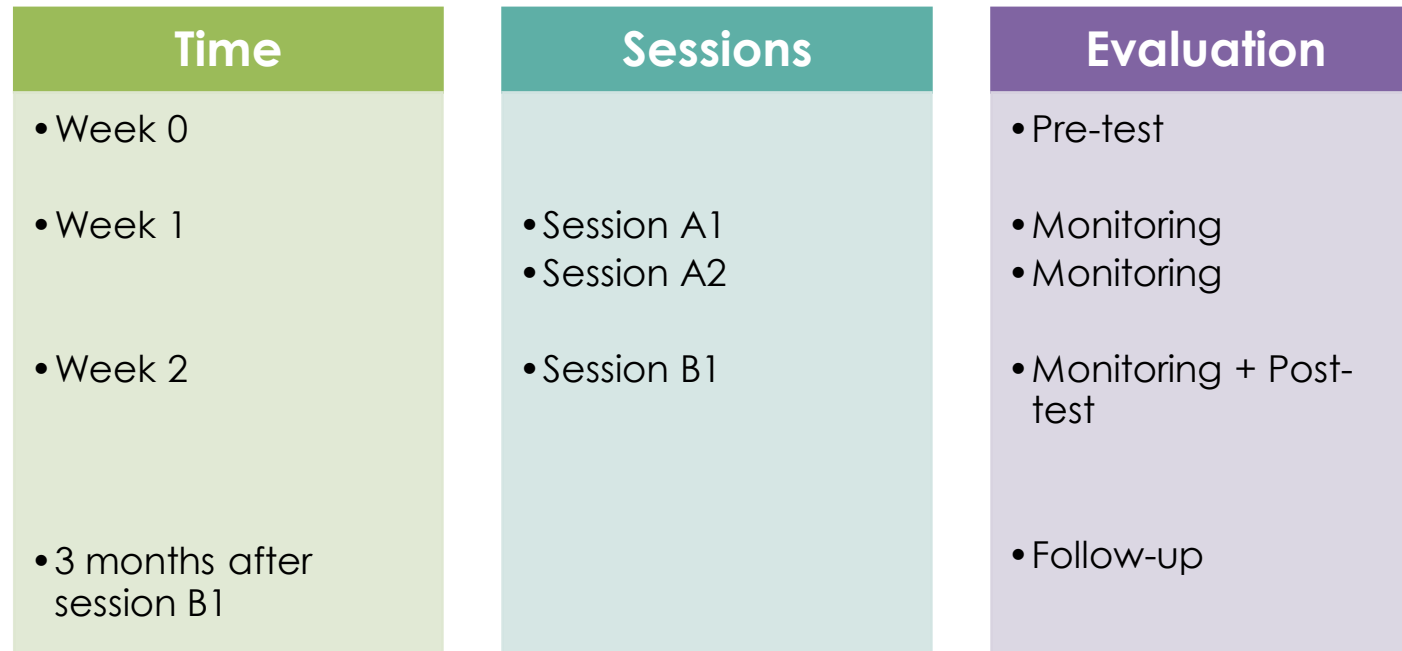
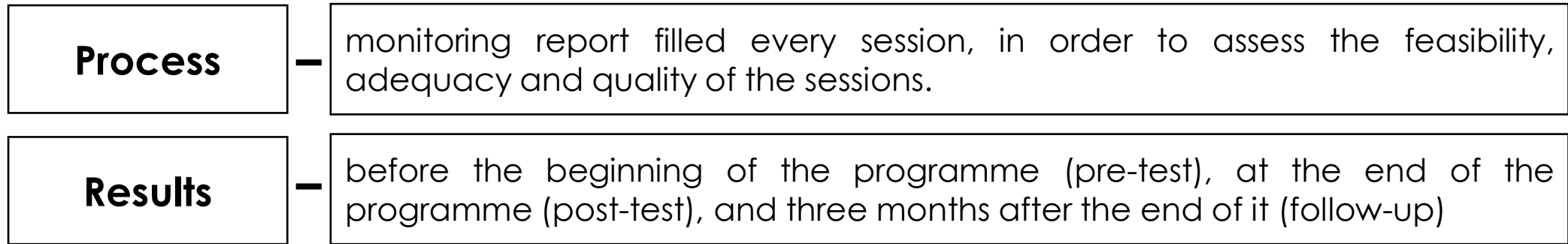
22 health and social
professionals

5 older people



Evaluation

The Sexuality4All.der programme was **evaluated considering two major aspects:**



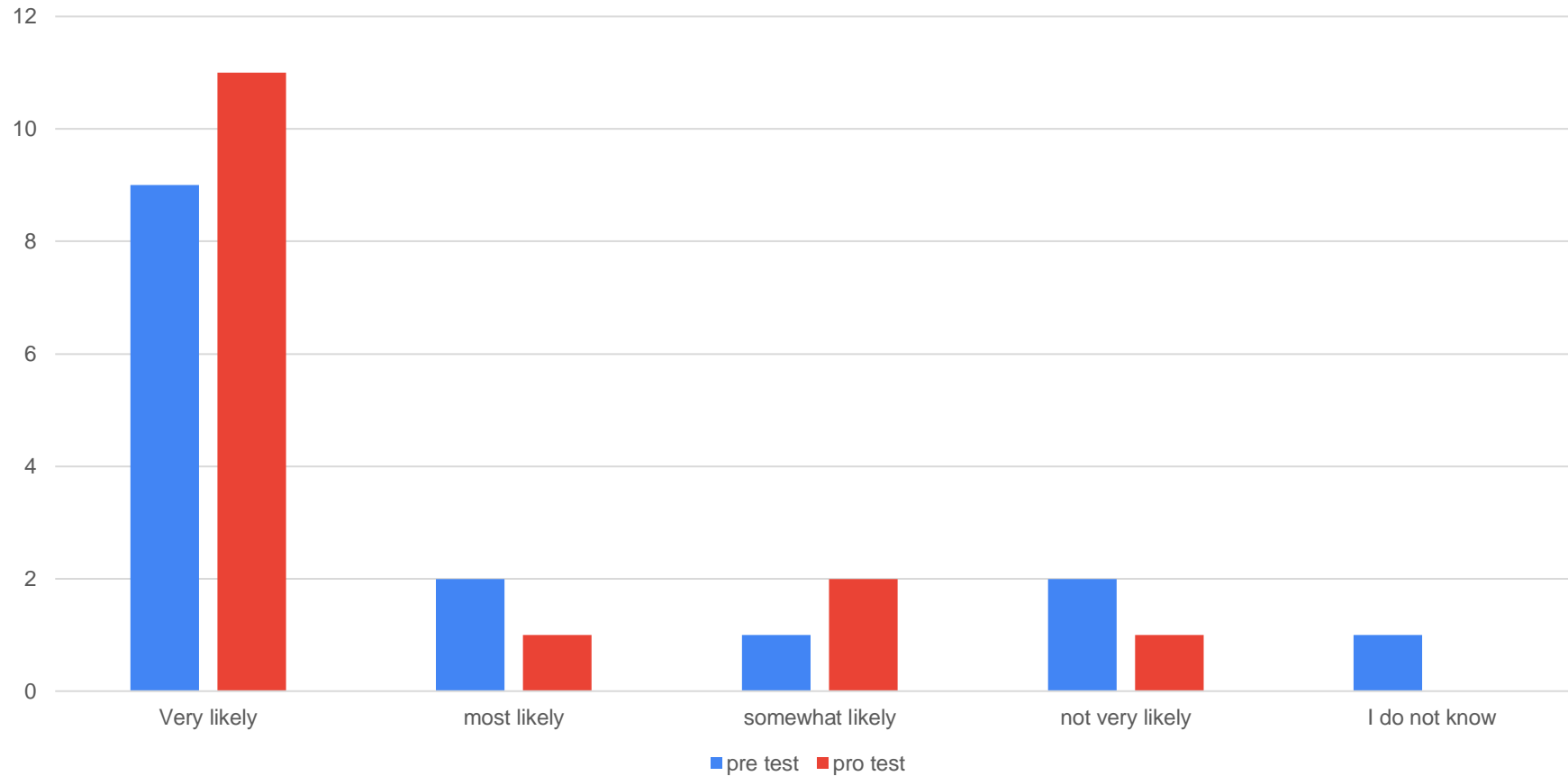
Results

Thinking about older people, in what degree do you think they are...

	Pre Test (mean)	Post Test (mean)
Confident	4,6	4,5
Capable	4,4	5
Sexually Active	3,4	4,2
Friendly	5,1	5,4
Sexually Diverse (LGBTI)	3	3,5
Skilled	4,6	5
Affectionate	5,2	5,8
Trustworthy	4,9	4,9
Sincere	4,5	5,2

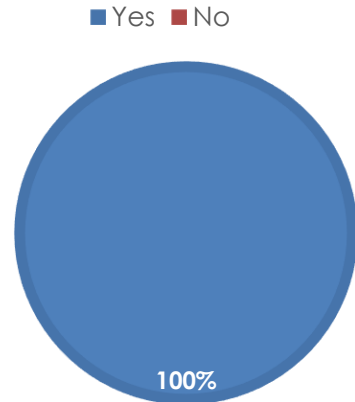
Results

How likely are you to intervene if you witness a stigmatizing or discriminatory behavior against an older LGBTI person at your work place?

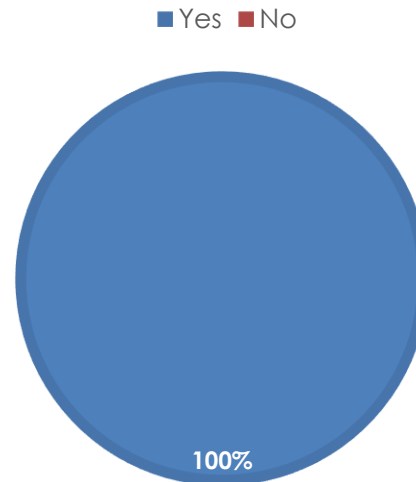


Results

DO YOU THINK THAT THE SEXUALITY4ALL.DER HELPED YOU DEVELOPING SELF-AWARENESS ON THE DISCRIMINATION AND STIGMATIZATION RELATED TO SEXUALITY AFFECTING OLDER PEOPLE

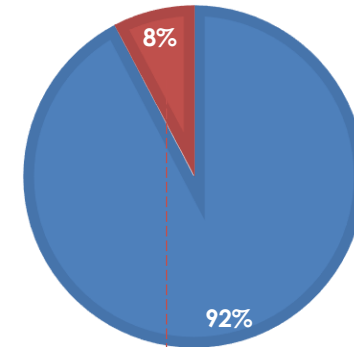


DO YOU CONSIDER YOU HAVE LEARNED ANYTHING VALUABLE ABOUT SEXUALITY IN OLD AGE IN THIS INTERVENTION PROGRAMME?



DO YOU CONSIDER THAT BEING PART OF THE SEXUALITY4ALL.DER HAD AN IMPACT IN THE WAY YOU SEE OTHER'S PEOPLE SEXUALITY, IN PARTICULAR LGBTI?

■ Yes ■ Not necessarily



because he/she already considered this aspects in his/her professional activity

Results

Where do you place yourself in terms of attitude towards LGBTI people?



Questionnaire	Mean Average
Pre-test	8
Post-test	9

Train the Trainers

Train the Trainers

- Goals: to **generate a common and shared vision** on the Sexuality4All.der programme, and to **develop the requested skills for its implementation**.
- At the end of the training participants would:



Train the Trainers



3 countries: Italy, Greece
and Portugal



56 professionals

Modules



Introduction



Sexuality4All.der framework



Overview of the Sexuality4All.der structure



Step-by-step on how to implement

Feedback

“ Sexual rights are increasingly important in today's society when we talk about ageing. The Best4OlderLGBTI project and the Sexuality4All.der Programme contribute significantly to giving visibility to this topic and a voice to all older people who feel any level of prejudice and discrimination on the basis of their age or the expression of their sexuality. I would also add that the way facilitators approach and share the products/results of the project makes the whole learning process even more enjoyable ”

(Portuguese Participant)

Best4 OLDER LGBTI

www.best4older-lgbti.org

PROJECT PARTNERS:



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